



*For the Mountain Magic facial, keep on hand a warm, damp washcloth.  
This spa box contains enough ingredients for up to four treatments.*

#### CLEANSE

☞ Wipe face with warm, damp washcloth. Take one of the organic cosmetic pads provided, add a few drops of sunflower oil to it, and wipe your face lightly to cleanse your skin.

#### EXFOLIATE

☞ Add remaining oil to the salt scrub and mix. Use the dish and mixing stick provided. Rub salt scrub gently on face using upward motions. Remove with washcloth.

#### TREAT

☞ Dampen second cosmetic pad with Hot Spring H<sub>2</sub>O and set aside. Mix remaining water with contents of glacial milk clay packet. Use the dish provided. Apply to face and neck and let it set until dry, about 15 minutes.

#### HYDRATE

☞ Use the other side of the damp washcloth to remove the mask. Use the second cosmetic pad you set aside in the previous step to gently wipe face and neck to restore your skin's nature pH (5.2).

#### MOISTURIZE

☞ Use wood stir stick to scoop a pearl-sized amount of E-Creme (fingers may cause cross-contamination). Apply gently to face and neck. Best used as a night cream.

Both the clay and the salt contain silica, a known lung irritant. **Do not inhale.** Add fluids immediately to mitigate risk of breathing airborne particles.